

# NEWSLETTER

April-2024



RASHID LATIF KHAN  
UNIVERSITY



RASHID LATIF  
MEDICAL COMPLEX



HAMEED LATIF  
TEACHING HOSPITAL



RLKU  
MEDICAL COLLEGE



ARIF MEMORIAL  
TEACHING HOSPITAL

## Training Session (1st April, 2024)

A training session was organized for RLKU, RLMC as well as RLKUMC Library staff. Shafqat Rafique Jagranvi Chief Librarian was the resource person. Training was given in two modules of Koha Integrated Library software, Cataloging and Patrons. It covers how to catalog new Library materials, how to feed or import metadata via both manually and Z39.50 protocols, how to set up target libraries, how to add items and add records. Detailed discussion on other modules and trained to staff regarding customization of user interface of Koha. Hands-on practice tips were also conducted or given. Library staff from all campuses reiterated that such sessions should continue to be held so that we continue to benefit from the latest technology of libraries.



# Rashid Latif Nursing College (RLNC)

## Hand Hygiene and Oral Hygien (4th April, 2024)

BS Nursing Final year and Certified Nursing Assistant 2nd year students conducted a workshop on “HAND HYGIENE AND ORAL HYGIEN” as part of their subject, Community Health Nursing. It took place on 04.04.2024 at “Govt Girl Elementary School Badarpur” and was a great success!

They did an incredible job educating the students about the importance of keeping our hands and mouths clean. Kudos to our dedicated nursing students for making a positive impact on community health!



## RLDPP Collaboration Meeting with “Pakistan Girl Guide Association, PGGA” (5th April, 2024)

A Productive and Successful meeting took place between the Rashid Latif Department of Professional Psychology (RLDPP) and the Pakistan Girls Guide Association (PGGA) at Rashid Latif Khan University. The meeting, Chaired by Prof. Dr. Nashi Khan, the Academic Director, was attended by Mrs. Nadeema Zafar, Deputy Provincial Commissioner, and Ms. Salma Sajid, Senior Guide Trainer, representing the Pakistan Girls Guide Association. Also in attendance from RLDPP were Ms. Mahrukh Malik, Ms. Wajiha Abrar, and Ms. Zoya Sajid.

The objective of the meeting was to select Girl Guides from RLKU and provide them with Training for Community Activities, Character Development, and various Social Skills. The aim is to Empower Girls to play Active and Positive Roles as Productive Citizens of Pakistan in Community Development.



## Rashid Latif Nursing College (RLNC)

### RLNC e-Library (6th April, 2024)

A One-day workshop on "RLNC e-Library" was organized by RASHID LATIF NURSING COLLEGE with the Collaboration of Library and Information Resource Department on 6th April, 2024. Guest Speaker was Mr. Shafqat Rafique Jugranvi.

This workshop was for the orientation of students about the use of Online Public Access Catalog; HEC Digital Library; How to retrieve required information; and guidelines to check Plagiarism.



# Rashid Latif Nursing College (RLNC)

## RLK-Global Your partner beyond the border (14th April, 2024)

An Awareness Session “RLK-Global Your partner beyond the border” was arranged for Certified Nursing Assistant (CNA) students with collaboration of Rashid Latif Nursing College & RLK-Global Team on April 14, 2024.

Its purpose was to explore the importance of CNA job opportunities at International Level & RLKU sponsorship in this regard.



# RLKU Medical College (RLKUMC)

## Blood Donation Day (17th April, 2024)

The Biochemistry Department and Patient Welfare Society of RLKUMC organized a Blood Donation Program. The event emphasized the importance of donating blood and how it can make a significant impact on one's life. The blood camp was organized in the RLKUMC campus in collaboration with Fatmid Foundation with a remarkable collection of 35 bottles of blood by the students and faculty of RLKUMC. A similarly themed poster competition was held with the enthusiastic participation of the students, and prizes were awarded to the winners, who were judged by external and internal judges. Mr. Qaisar Zaman, Head of the Department of Fatmid Foundation, shared valuable insights into the importance of donating blood, highlighting its crucial role in medical emergencies and how one pint donated can save three lives. The event was conducted successfully as it encouraged students to participate in future blood donation drives and left a positive impact on everyone.



# Rashid Latif Khan University (RLKU)

## TEDx RLKU 2024 (17th April, 2024)

Rashid Latif Khan University hosted a TEDx 2024 on the 17th of April, featuring distinguished speakers discussing the theme "Ctrl+Alt+Delete - Reset the way you think" and shared their life experiences.

the lineup of speakers included:

- Prof. Maaz Ahmad (HOD Community Medicine, RLMC),
- Dr. Rizwan Naseer (Founder Rescue 1122),
- Dr. Nashi Khan (Director, RLDPP & CWC),
- Sabahat Khan (CEO, RLK Associates),
- Fawad Khan (Actor),
- Ghulam Dastgir (Founder JZT),
- Minahil (Flute-playing expert), and
- Dr. Sarah Qureshi (Founder & CEO, AERO Engine Craft).

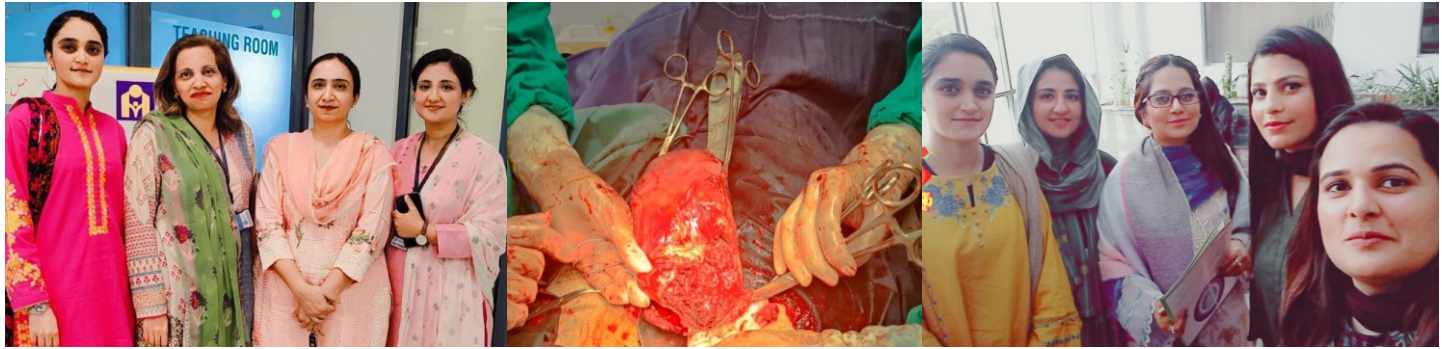


# Hameed Latif Teaching Hospital (HLTH)

## Teamwork Triumphs (17th April, 2024)

This edition of our newsletter highlights a remarkable case of successful teamwork in the Obstetrics and Gynecology department at Hameed Latif Teaching Hospital (HLTH). A high-risk situation involving patients with placenta previa accreta spectrum (abnormal placental attachment) demanded immediate action.

This case underscores the critical role of teamwork in obstetrics with expert surgical and anesthesia team along with crucial involvement of laboratory and blood bank staff. Through coordinated efforts, even unplanned, high-risk deliveries can result in positive outcomes. The dedication and skill of the HLTH medical team highlight the value of comprehensive obstetric care available at our facility.



# RLKU Medical College (RLKUMC)

## Artificial Intelligence in Medical Education (18th April, 2024)

It is our pleasure to share the successful conduction of a hands-on preconference workshop of the 8th International Medical Conference, Shalimar Medical and Dental College on "Hands-On Application of Artificial Intelligence in Medical Education", Thursday 18th April 2024 facilitated by Dr. Naureen Omar and Dr. Asim Zia.



# RLKU Medical College (RLKUMC)

## World Immunization Day (24th April, 2024)

The RLKU Medical College in Lahore marked the global Immunization Week from April 24th to 30th, 2024, through a series of educational and community-focused activities held on April 24th, 2024, to promote the importance of vaccines.



# Rashid Latif College of Pharmacy (RLCP)

## Green Day (24th April, 2024)

In a heartwarming ode to nature, Rashid Latif College of Pharmacy organized a remarkable Green Day Celebration at Rashid Latif Medical Complex. Dignitaries from the Medical Complex, including principals from various departments, came together to plant a diverse array of medicinal plants in the botanical garden of RLCP. Each plant bore a nameplate, symbolizing the collaborative effort to foster a greener, healthier environment. The event was a testament to RLCP's commitment to environmental stewardship and promoting medicinal plants' importance in healthcare. Let's continue to nurture and protect our planet for a healthier and more sustainable future!



## 6th Monthly meeting of fatty liver study (25th April, 2024)

The meeting was held on 25th April, 2024, Thursday 12.00 Noon in D1. The meeting was attended by Prof. Arif Siddiqui (Chairperson), Prof. Shahnaz Akhtar (HOD Pharmacology), Prof. Irum Fayyaz (HOD Biochemistry), Dr. Naureen (DME), Prof. Jamil Ahmed (HOD Community Medicine), Dr. Umer Saeed Ansari (Associate Prof. Biochemistry), Dr. Zoofishan Imran (Secretary), Faculty and PG trainees from HLTH. Professor Shahnaz talked about the newly approved drug for non-cirrhotic and non-alcoholic steatohepatitis (NASH). She elaborated on its pharmacokinetics and pharmacodynamics. Dr. Samrat presented her research proposal on Knowledge Attitude and Practices of Artificial intelligence in medical practice. Her topic was well appreciated by the participants. Few minor observations were made by the faculty which were noted down by her.

## Hameed Latif Teaching Hospital (HLTH)

### International Lab Week (26th April, 2024)

Hameed Latif Teaching Hospital Laboratory celebrated International Lab Week 2024. Pathology department conducted a session on Lab services provided in Hameed Latif Teaching Hospital. The session was conducted under the patronage of Brig (R) Dr. Haroon Rashid SI(M). Prof. Dr. Nadia Mahmood (HOD Pathology), Dr. Mariam Danish Iqbal (Associate Professor) delivered lectures to all clinical faculty & lab staff.





# RLKU Medical College (RLKUMC)

## 6th Inspirational Speaker Program (26th April, 2024)

Keeping to the tradition Rashid Latif Khan University Medical College had its 6th Inspirational Speaker Program on 26th April, 2024. Prof. Javed Raza Gardezi, Prof of Surgery and Former Vice Chancellor Fatima Jinnah Medical University was the guest speaker. The program was attended by 1st and 2nd Year MBBS students and all the Clinical and Basic Sciences Faculty. His lecture was highly appreciated for its content and communication skills. The audience remained glued to the speaker and listened with intent. He covered topics including execution of vision, ethics, empathy, study methodology and the ultimate objective of being a doctor. The institution is very thankful to him for his time and dedication to the cause of medical education.



# RLKU Medical College (RLKUMC)

## 5th Inspirational Speaker Program (29th April, 2024)

In a heartwarming ode to nature, Rashid Latif College of Pharmacy organized a remarkable Green Day Celebration at Rashid Latif Medical Complex. Dignitaries from the Medical Complex, including principals from various departments, came together to plant a diverse array of medicinal plants in the botanical garden of RLCP. Each plant bore a nameplate, symbolizing the collaborative effort to foster a greener, healthier environment. The event was a testament to RLCP's commitment to environmental stewardship and promoting medicinal plants' importance in healthcare. Let's continue to nurture and protect our planet for a healthier and more sustainable future!



# Rashid Latif Institute of Allied Health Sciences (RLIAHS)

## Sustainable Future Food Systems (29th April, 2024)

Prof. Dr. Shahnai Basharat represented Faculty of Allied Health Sciences, Department of Diet and Nutritional Sciences, Rashid Latif Khan University on platform of International Conference "Sustainable Future Food Systems (SFSS)", organized by Government College University Faisalabad on 29th – 30th April, 2024. As guest of Honor and keynote speaker, title of her talk was "Modern Diets and Food System Impact on Food Sustainability". She talks about dietary choices that are a leading global cause of mortality and environmental degradation and threaten the attainability of the UN's Sustainable Development Goals.



## Hameed Latif Teaching Hospital (HLTH)

### Cake Cutting Ceremony on PHC's Regular License (29th April, 2024)

After untiring efforts and hardworking of HLTH Team, Hameed Latif Teaching Hospital acquired Permanent PHC regular license. On 29th April 2024, cake cutting ceremony was held in the hospital conference room. All clinical HODs and Senior Registrars were invited.



## Welcome Party (29th April, 2024)

Rashid Latif College of Pharmacy witnessed an unforgettable evening as students came together to celebrate the much-awaited Welcome Party! Undoubtedly, the breathtaking performances by our talented students! With skits that were not only awe-inspiring but also deeply meaningful. But the magic didn't stop there! The air filled with melodies that touched the soul, as students serenaded the crowd with heart-touching songs. Every note resonated with emotion, leaving an indelible mark on everyone present. And let's not forget about the delectable feast that awaited all attendees! The spread boasted a plethora of mouth watering delights, tantalizing taste buds, and satisfying cravings with every bite. In a heartwarming gesture, Principal Rashid Latif College of Pharmacy, Prof. Dr. Humayun Riaz took to the stage to express their admiration and appreciation for the students' efforts in organizing such a spectacular event. His words of praise echoed throughout the venue, serving as a testament to the dedication and excellence displayed by our students. The Students Welcome Party set the bar high for future events and cemented itself as a cherished memory.!



# Hameed Latif Teaching Hospital (HLTH)

## Training Session of Manual Vacuum Aspiration (MVA) for LHV's In Kasur & Lahore (29th April, 2024)

The training session held by Obstetrics & Gynecology department of Hameed Latif Teaching Hospital aimed to equip Lady Health Visitors (LHV's) with the necessary skills and knowledge to perform Manual Vacuum Aspiration (MVA) under the guidance of a Consultant Gynecologist.

Being Consultant OBS & Gynae, we played a very crucial role in leading the training session, providing expertise, and demonstrating proper technique. We also facilitated hands-on practice sessions, offer guidance, and address any questions or concerns raised by the LHV's.

LHV's were also taught to refer high-risk patients to tertiary care immediately as this is crucial for ensuring timely and appropriate medical intervention, which can significantly improve patient outcomes. This proactive approach underscores the importance of early identification and prompt referral in managing complex medical conditions. Being Consultant OBS & Gynae, we played a very crucial role in leading the training session, providing expertise, and demonstrating proper technique. We also facilitated hands-on practice sessions, offer guidance, and address any questions or concerns raised by the LHV's.

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# RLKU Medical College (RLKUMC)

## RLDPP & PGGA Punjab's Oath Taking Ceremony For RLKU's Students (30th April, 2024)

The Collaboration between the Rashid Latif Department of Professional Psychology (RLDPP) and the Pakistan Girl Guide Association (PGGA) is a great start! Led by Prof. Dr. Nashi Khan, the Oath-Taking Ceremony was a moment of Unity, Discipline and Empowerment. Ms. Zuleikha Khan, Director Marketing/RLKU was present on the Ceremony along with Prof. Dr. Sadia Qureshi (Dean, FPBS), Prof. Dr. Mudassar Ali (Vice Principal/RLMC), Dr. Khalid Khan, Registrar, RLKU and Dr. Nauman Zaheer (HOD/RBS).

Throughout the event, the dedication of both Organizations to Epower Young Women and Instill in them a Sense of Responsibility towards their Communities was evident, highlighting our Collective Efforts to create Positive Change. Thanks to Ms. Nadima Zafar and Ms. Salma Sajjad for joining us. Mrs. Nadima Zafar Enrolled RLKU Students, while Ms. Salma Sajjad led the Oath-Taking.

